



# Facing Domestic Violence

## How W-2 Can Help You

### How can we help?

**If domestic violence is a problem for you, talk to your W-2 worker. Your worker may be able to change some of your W-2 activities.**

### What is domestic violence?

**Domestic violence is when a partner, spouse, boyfriend, girlfriend, or member of your household or family says or does something to make you feel afraid or to control you. The abuse can be physical, sexual, emotional and/or economic.**

### Some examples are:

- **Hitting, slapping or pushing**
- **Stopping you from getting or keeping a job**
- **Controlling your access to money**
- **Keeping you from calling or seeing your family or friends**
- **Putting you down, calling you names, or embarrassing you**
- **Following you or stopping you from moving around freely**
- **Threatening to hurt you, your children, or your pet**